



## A Message for SF Homeowners

The Office of the Assessor-Recorder is committed to help San Franciscans achieve health and well-being as you continue to reconnect with your loved ones, neighbors, and our great city. That's why this resource guide was created to share community resources and information important to you.

### Physical Health & Well-Being

Exercise and spending time in nature (20 mins a day) can improve our mental and physical health.

SF is one of the most walkable and bike-friendly cities. Here are suggestions to get you out and moving again.

- **SF Bicycle Coalition** at [sfbike.org](http://sfbike.org), 415-431-2453
- **Your New 49 Mile Scenic Route** at [projects.sfchronicle.com/total-sf/home/](http://projects.sfchronicle.com/total-sf/home/)

### Financial Health

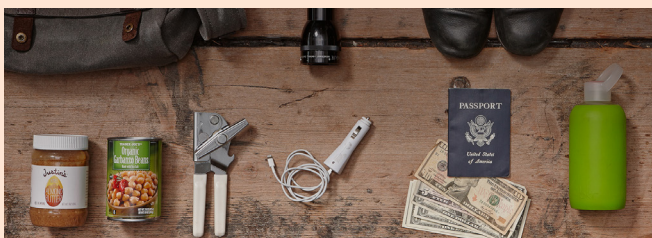
**Family Wealth** series 2021-22 is here to support you and your family achieve financial security that helps you meet current and ongoing financial obligations, feel secure in your financial future, and make those choices that allow your enjoyment of life.

- Free events and resources on estate planning, tax savings, mortgage help, good financial habits, and more. [sfassessor.org/familywealthforum](http://sfassessor.org/familywealthforum)

### Injury Prevention & Emergency Preparedness

Learn what to do in an emergency, how to protect others and limit the spread of COVID-19, and get tips for keeping a healthy home.

- Injuries are preventable. There are proven ways to reduce falls and ensure safety of seniors in their homes. Request a free Home Safety Assessment by calling 628-206-7695 or email [chipps@sfdph.org](mailto:chipps@sfdph.org)
- [sf72.org](http://sf72.org)
- Learn more at "Toxics & Health" at [sfenvironment.org](http://sfenvironment.org), 415-355-3700
- Schedule a free curbside Bulky Item Recycling pick up. [recology.com](http://recology.com), 415-330-1300



### Tax Help for Seniors

- If you're planning to downsize or move to a new home, learn how to transfer your low assessed value to your new home. For more information on the new Prop 19 law, visit [sfassessor.org/prop19](http://sfassessor.org/prop19)
- The Property Tax Postponement program allows eligible homeowners to defer property taxes. Application is available 9/1/2021, call 1-800-952-5661 to learn more. [sco.ca.gov](http://sco.ca.gov)

Please take a moment to use your cell phone camera, aim it at the QR code to access this guide and links directly. 繁體中文, Español



## Explore SF's Parks, Art, and Culture

Each year, property taxes add over \$3 billion in funding that supports local city services including our parks, the arts, and public education. This summer reconnect with your loved ones at these amazing open spaces and institutions.

### Parks

Did you know there are 220 parks in San Francisco? These parks account for 20% of the city by area. Explore the many ways you can interact - sign up for a youth recreation program, learn new horticultural skills, meet your neighbors and stay connected to friends while enjoying our parks.

[sfrecpark.org](http://sfrecpark.org), 415-831-2700

### Library

Summer Stride is an annual summer learning, reading and exploration program for all ages and abilities. The Library hosts author talks, book giveaways (10 per SFUSD student!), STEM learning, and workforce development opportunities for teens. [sfpl.org](http://sfpl.org), 415-557-4400

### Enrichment Opportunities for Youth

Learning opportunities, summer camp openings, and job resources for youth ages 16-25 are updated regularly.

[dcyf.org](http://dcyf.org), 415-554-8990

Many of San Francisco's **Museums and Cultural Centers** offer free admission

- Asian Art Museum (1st Monday), California Academy of Sciences (4-5 times a year)
- Legion of Honor, de Young Museum
  - o Free 1st Tuesdays for all and Free Saturdays to Bay Area residents
  - o Reserve your tickets at [deyoung.famsf.org/free-reduced-admission](http://deyoung.famsf.org/free-reduced-admission), [legionofhonor.famsf.org](http://legionofhonor.famsf.org)
- **Over 20 museums participate in SF's Museums for All program**, offering free or discounted admission fees to individuals and families that receive public benefits. Visit [sfmuseumsforall.org](http://sfmuseumsforall.org)
- **Community-based Cultural Centers** offer performances, exhibits, and classes. Revisit the Mission Cultural Center for Latino Arts and SOMArts. Learn more at "Experience Art" at [sfartscommission.org](http://sfartscommission.org)

## Let's Keep the Generosity Going!

**Small businesses.** They've suffered greatly during the COVID-19 pandemic and now they need your support.

- @SharedSpacesSF   2,500 activations and growing!
- [shopdine49.com](http://shopdine49.com), and [legacybusiness.org](http://legacybusiness.org)

Help spread the word about **Small Business Relief** programs with your favorite local businesses and nonprofits to support in their recovery. Financial resources and more at [oewd.org/covid19](http://oewd.org/covid19).

Give your **time** and **talents** to help with projects around the city.

- Get matched with a **Senior** in need of grocery shopping, delivery of medication, dog walking, and mail pickup. Visit [shanti.org/cerv](http://shanti.org/cerv), email [helpnow@shanti.org](mailto:helpnow@shanti.org) or call 415-674-4701.
- Share a book. [littlefreelibrary.org/](http://littlefreelibrary.org/) or [friendssfpl.org](http://friendssfpl.org)
- More ways to give: [sf.gov/volunteer-and-donate-during-covid-19-pandemic](http://sf.gov/volunteer-and-donate-during-covid-19-pandemic)